

Course Title	Sports physiotherapy management for lower limb injuries Guide for effective management
Location	Jeddah- Saudi Arabia
Date	30 th June/ 1 st July 2019
Tutor	<p>Mahmoud Saad Fellow Higher Education Academy. UK Associate Senior Lecturer. Sheffield Hallam University. UK Chairman. Orthopaedic Manual Therapy Academy. (www.omtae.org) Member of the Chartered Society Physiotherapy. UK Member of the musculoskeletal association of Chartered physiotherapists MACP.UK Founder and Director Primephysio Training UK. (www.primephysio.com) HCPC Registered. UK Ex-Chairman. McKenzie Institute Egypt. Official Branch of McKenzie Institute International. Member of McKenzie Institute. UK Director. Prime physiotherapy clinics. UK (www.primephysio-clinics.co.uk) Certified Taping tutor. Medical Taping. Netherlands</p>
Topics to be covered:	<p>In this highly practical course the following objectives will be achieved through keen engagement from the audience and active teaching style by the tutor: 1- Understand and apply principles of rehabilitation for mechanical and traumatic problems of the knee and Ankle Joint That includes: A- Hamstring Injuries B- Anterior Knee Pain C- Knee Ligaments and cartilage problems D- Ankle Instability The following themes will be deeply explored: 1- Rehab phases and outcome measures 2- Progression from one rehab phase to the next 3- Decision making and return to play 3- Self management strategies. The following Rehabilitation strategies will be discussed and applied: 1- Flexibility training 2- Mobilisation strategies 3- Proprioceptive training and movement dissociation strategies 4- Neural tissue mobility.</p>
Pre-requisites	Physical therapy graduates
Fee	<p>Fee: Early bird registration 950 SR before 30th May 2019 Group 4+ 850 SR Normal registration 1200 SR after 30th May 2019 Group +4 1100 SR</p>

Method of payment

This Fee covers:

- Attendance of 2 days course
- Certificate of attendance by Primephysio UK
- Coffee break

Inquiries and Booking

Please email the transfer acknowledgment to info@primephysio.com
Once proof of payment is received, we will send you the confirmation. If you didn't hear from us within 2 working days after registration and payment, please contact info@primephysio.com
Seats are confirmed only after receiving the payments and completion of the online registration form.
Confirmation letter /Text will be sent to the candidates

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